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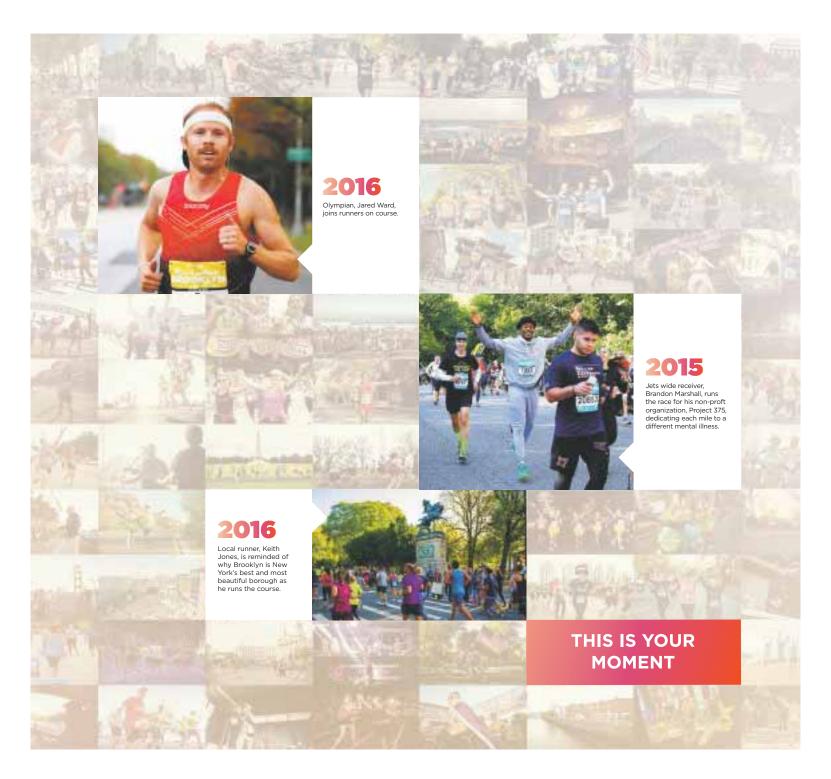














# Rock'n Roll HALF MARATHON

BROOKLYN

CREATE YOUR MOMENT ON

OCT 14, 2017

REGISTRATION OPENS FEB 2, 2017

RunRocknRoll.com





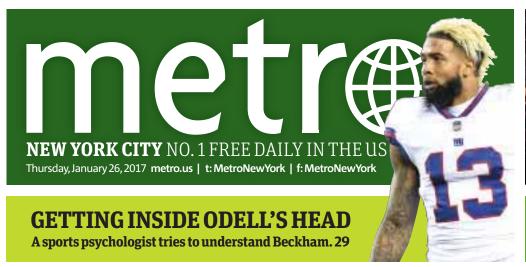














'Riverdale' is a moody take on the 'Archie' comic. 20



# TRUMP ORDERS BUILDING | DOW HITS 20K ON REVIVED | MARY TYLER MOORE,

President Donald Trump signed directives to build a wall along the U.S. border with Mexico and crack down on U.S. cities that shield illegal immigrants, proceeding quickly on sweeping and divisive plans to curb immigration and boost national security. Trump is also expected to take steps in the coming days to limit legal immigration, including executive orders restricting refugees and



blocking the issuing of visas to people from several Muslimmajority Middle Eastern and North African countries including Syria, Sudan, Somalia, Iraq, Iran, Libya and Yemen. REUTERS

# OF MEXICO BORDER WALL | TRUMP RALLY, EARNINGS

Wall Street advanced on Wednesday to push the Dow Jones Industrial Average across the 20,000 mark for the first time ever as solid earnings and optimism over President Donald . Trump's pro-growth initiatives reawakened a post-election rally. He has made several business-friendly decisions since taking office, including signing executive orders to reduce regulatory burden on domestic manufacturers and clearing the way for the construction of two oil pipelines. The S&P 500 and the Nasdaq Composite indexes also hit record intraday highs. The Dow came within a point of the historic mark on Jan. 6, as investors banked on pro-growth policies and tax cuts many expect from the new administration. However, the index had struggled in recent weeks as investors awaited clarity on the new administration's policies grew cautious, REUTERS

# TV ICON, DIES AT 80

Actress and activist Mary Tyler Moore, the woman who could "turn the world on with her smile," died at the age of 80 on Wednesday, according to reports. "Today, beloved icon, Mary Tyler Moore, passed away at the age of 80 in the company of friends and her loving husband of over 33 years, Dr. S. Robert

Levine," Moore's representative, Mara Buxbaum, told TMZ. Moore was on a respirator in a Connecticut hospital for a week. She battled diabetes and, in 2011, had brain surgery. The actress became famous on "The Dick Van Dyke Show" and later starred on "The Mary Tyler Moore Show" from 1970 to 1977. KIMBERLY

GETTY IMAGES M. AQUILINA



#### CASTRO WARNS TRUMP TO RESPECT SOVEREIGNTY

Cuban President Raul Castro said Cuba hoped to continue to normalize relations with the United States, but made clear the Trump administration should not expect concessions affecting the country's sovereignty. President Donald Trump, before taking office, threatened to torpedo the still fragile detente between the former Cold War foes unless

a "better deal" could be struck, without providing details. His aides have said current policy is under review. "Cuba and the United States can cooperate and live side by side in a civilized

manner, respecting our differences and promoting all that is of benefit for both countries and people," Castro said in his government's first remarks since Trump took office. REUTERS

#### **WELCOME TO METRO.US!**

NIKKI MASCALI, WEB PRODUCER

Anti-Trump protests have been called empowering and uniting by many, but one Hollywood star is calling them treason especially when supported by other celebs. President Trump supporter Jon Voight called out Shia LaBeouf and Miley Cyrus for their recent involvement in the

movement against Trump, saying they're "teaching treason" even as he agreed that they are exercising their First Amendment rights. metro.us/celebrities

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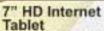
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# Sanctuary cities stand strong in face of funding cuts

President Donald Trump threatens to cut off federal money from cities that harbor undocumented immigrants.



Leaders of sanctuary cities across America aren't backing down after President Donald Trump vowed to cut funding to communities that offer safe harbor to undocumented immigrants.

In an executive order signed Wednesday the president directed the government to identify federal dollars it can withhold from so-called "sanctuary cities," the term used for 300 or so cities and counties that shelter undocumented immigrants from deportation. While there is no legal definition for the term, these cities typically tell police not to inquire about immigration status, or they decline requests from immigration officials to keep nonviolent defendants in custody while they await deportation.

Proponents of the policies say they protect the economy and keep families together.

For now, the threats are just a lot of hot air, some officials say. Exactly which funds the Trump administration plans to cut are still undetermined, but the president has said he would target any community with pol-

icies in place that protect illegal immigrants.

Cities from New York to San Francisco stand to lose billions if Trump follows through on his threats. Federal dollars pay for highways, subsidize school programs like free and reduced lunch and help take care of veterans and the elderly. It's also money that goes toward antiterrorism programs.

In New York, where \$7 billion is on the line, Mayor Bill de Blasio slammed the executive order, vowing to bring the president to court if he follows through on funding cuts.

"If anything actually starts to move, the city of New York will take legal action to stop the executive order from hurting our city and our people,"



A crowd gathered at Washington Square Park to protest Trump's announced plans to crack down on undocumented immigrants and refugees JENYON WHITTAKER

he said in a news conference. "If that were ever attempted we would be in court immediately to stop it, and I know that will happen in cities all over the country."

De Blasio isn't the only one ready to battle it out in court.

New York Attorney General Eric T. Schneiderman questioned the legality of Trump's plan.

"The president lacks the constitutional authority to cut off funding to states and cities simply because they have lawfully acted to protect immigrant families. ... Local governments seeking to protect their immigrant communities from federal overreach have every right to do so," he

said.

Boston receives about \$250 million in federal funding annually, but Mayor Marty Walsh said his city would not bend

to Trump's attack.

"We will not back down from our values that make us who we are

as a city," Walsh said.

There is no federal law that explicitly compels cities to comply with Immigration and Customs Enforcement, and civil rights groups said they would back municipal efforts to fight punitive punishments.

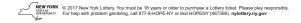
Citizens took to the streets in New York City in support of Muslims and undocumented immigrants following the news Wednesday. Another rally was planned for Thursday in Boston.

Meeting. Sit. Snack. Meeting. Sit. Snack. Meeting. Sit. Snack. Sit. Snack. Meeting. Sit. Snack. Sit. Snack. Meeting. Sit.

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The Alzheimer's Disease and Related Dementias Family Support Program is supported by a grant from the New York State Department of Health.



**MADE FOR NEW YORK.** 

## Mexican official widens taxdodge complaint against Trump

A Mexican official widened a tax evasion complaint against U.S. President Donald Trump on Wednesday, the same day the new American leader signed a decree to speed up construction of a border wall between the two countries.

The complaint was originally filed in October alleging the Trump Organization and Los Angeles real estate firm Irongate did not pay federal taxes, or have proper building permits for an ultimately failed luxury condominium project in the Mexican border city of Tijuana.

The complaint was broadened on Wednesday to allege Trump violated Mexican law by, as a foreigner, seeking to buy property within 31 miles of the U.S. border to develop the Trump Ocean Resort Baja project, the official Jaime Martinez, who filed the complaint as a private citizen, told reporters.

The filing was also ex-



A security guard and his dog spots on duty at the entrance to the 17¬acri Trump Ocean Resort Baja Mexico property in 2009. GETTY IMAGES

panded to question whether Trump was issued a visa in relation with the project, in compliance with Mexican immigration laws, Martinez said.

Mexico's attorney general's office said it was investigating the complaint but did not provide further detail.

"The truth is that he did not pay taxes, the truth is he did not pay for construction or land use in Tijuana ... and all of this constitutes a series of criminal acts," said Martinez, head of the federally-run Commission for Dialogue with Indigenous People of Mexico.

The press offices of the

Trump Organization and the Trump administration did not immediately reply to emails seeking request for comment.

Asked about the timing of the announcement, Martinez, a former member of Congress, said the complaint was widened in response to Trump's "aggressive attitude" in signing an executive order to expedite construction of a wall along the 2,000 mile U.S. southern border.

The Tijuana condominium project folded in 2009 and its failure led investors who lost millions of dollars to file a lawsuit against Trump in a U.S. court. REUTES



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2039

THURSDAY, JANUARY 26, 2017

#### **NEWS**

# MTA drops plan to boost subway, bus fares

Don't be fooled by the same \$2.75 fare, a hike is still underway.



AMANDA MIKELBERG @MetroNewYork amanda.mikelberg@metro.us

Many straphangers, particularly those on tight budgets, were given a reprieve from a transit fare hike Wednesday as MTA board members voted to leave the price of riding buses and the subway largely unchanged.

Many straphangers were pleased to learn of the MTA's late push on behalf of low-income New Yorkers, since the eight public hearings through December and January portended a 25-cent hike.

The MTA is focused on keeping our fares affordable for low-income riders and frequent riders, and on how we can keep necessary scheduled increases as small and as predictable as possible," Prendergast said following the vote.

"I'm shocked," East w York resident New Emelisa Ruiz told Metro. "It's high as it is. They shouldn't be raising the fare."

In November, the agency released two possible plans affecting its 8.76 million daily riders. Both plans would generate an estimated \$484 million in additional revenue a year,



A commuter passes through the turnstile to the NYC Subway using an MTA MetroCard. GETTY IMAGES

the MTA said.

"It's important to note that some riders will benefit, but on the other side of the same coin riders will continue to be burdened with shouldering much of the cost of the operation," Straphangers Campaign Coordinator Jaqui Cohen said. "Certainly, there are many who struggle to pay that

While the \$2.75 base fare will remain the same, the 11 percent bonus on MetroCard purchases \$5.50 and over will drop to 5 percent, meaning a rider will have to buy 20 full fares before you get one for free. When factoring the bonus in each ride, the cost is \$2.62.

unlimited

MetroCards will increase 3.9 percent from \$116.5 \$121, and weekly MetroCards increase 3.2 percent from \$31 to \$32.

Advocates continue to stress that more must be done to help low-income New Yorkers and vowed to continue to petition Mayor Bill de Blasio to amend his budget proposal to adopt the Fair Fares

program.

"It's great that they heard our voices, but \$2.75 was and is inaccessible to 800,000 New Yorkers who have to risk arrest by jumping the turnstiles or forgo childcare," Riders Alliance campaign manager Rebecca Bailin said. The Fair Fares program would cost the city \$200 million a year, or about 0.02 percent of the mayor's total budget, she said.

Throughout the eight public hearings, members heard impassioned accounts from those who have had to skimp on meals to afford to get to work, or missed doctor's appointments because they couldn't scrounge up the change and were too ill to beg for a swipe.

"We are definitely disappointed to see he did not include funding in his initial plan, but we are excited to talk to him and show him that this is a great way to address inequity in the system and that income should not be a chief barrier in getting where you need to go," Cohen said.

In a city in which environmental factors and diminishing road capacity is forcing the growing population to take public transit, even those who are not in desperate financial situations see state and federal intervention for affordable fares as an imperative.

"I am glad they didn't raise the fare but this is a little tiny thing in the big picture," Stacy Spencer, a subway rider and a freelance nonprofit organizer said. "I wish they had a national and state subsidy. From an environmental perspective, we need a bigger vision. We need leadership."

# Pier 57 transformation takes shape



The most exciting waterfront development jutting from Manhattan's shore is inching closer to

The \$350 million renovation and adaptive reuse of Pier 57 is now showing real signs of progress with newly-installed, canted glass panels installed between the pier's rows of exterior columns.

Ultimately, the joint-

venture by Young Woo & Associates and RXR will transform the former freight terminal into 250,000 square feet of offices for Google, host a 170,000-square-foot food and retail market curated by Anthony Bourdain and provide an elevated, two-acre park with an outdoor movie and performance amphitheater on its roof.

Handel Architects and !Melk Landscape Architecture and Urban Design are the designers of the overhaul.

In December 2015, Google signed on to be the primary tenant of the office space and is expected to bring 1,000 employees to the pier.

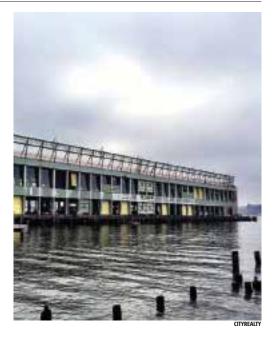
The food hall curated by Bourdain will feature more than 100 different stalls of street food from around the world. According to The Wall Street Journal, both Google and the Bourdain Market were motivated by the building's history, size and location.

The 900-foot-long, 450,000 square-foot building opened in 1954 at the sunset of New York's once-booming maritime industries. The pier's usage then evolved from a bus depot to a vacant shell hosting chance art installations and events.

The pier is owned by the Hudson River Park Trust which after seeking out proposals in 2008,

brought the current team on board. The building is being leased to the developers for 97 years and according to the WSJ, the deal could bring roughly \$220 million in revenue to the cash-strapped park.

The immediate vicinity of the pier is experiencing a flurry of investment. Directly south of Pier 57, construction is progressing on the revamp of Pier 55 — a \$130 million project funded privately by Barry Diller that will bring an architecturally distinguished public park and arts venue to the waterfront. Several piles have already taken root and completion is expected in early





the page on hep C and start your next chapter. ZEPATIER is a once-a-day pill with the power to cure chronic hepatitis C (hep C) infection. ZEPATIER is a prescription medicine used to treat chronic (long-lasting) hep C genotypes 1 or 4 infections in adults. ZEPATIER may sometimes be given with another medicine called ribavirin. In clinical studies, 94% to 97%\* of patients with genotype 1 and 97% to 100%† of patients with genotype 4 chronic hep C infection were cured

Start writing your next chapter today, New York. Talk with your health care provider about ZEPATIER.

\* In studies of patients with genotype 1 chronic hep C infection, the percentages of patients cured after taking ZEPATIER were: 94% (90 of 96 patients); 94% (115 of 122 patients); 95% (273 of 288 patients); 95% (179 of 189 patients); 96% (76 of 79 patients); and 97% (93 of 96 patients).

with once-daily ZEPATIER. Cure means the hep C virus is not detected in the blood when measured 3 months after treatment is completed.

<sup>†</sup> In studies of patients with genotype 4 chronic hep C infection, the percentages of patients cured after taking ZEPATIER were: 97% (64 of 66 patients) and 100% (8 of 8 patients).

#### Important safety information

ZEPATIER is not for people with certain liver problems. Tell your health care provider if you have liver problems other than hep C. Also tell your health care provider if you have ever taken any medicine for hep C, have HIV or any other medical conditions, have had or are waiting for a liver transplant, or are nursing, pregnant, or trying to get pregnant. Tell your health care provider about all of the medicines you take. ZEPATIER may affect how other medicines work, and other medicines may affect how ZEPATIER works. Some medicines cannot be taken with ZEPATIER. Your health care provider can tell you if it is safe to take ZEPATIER with other medicines.

ZEPATIER may cause increases in your liver-related blood tests, which could be a sign of serious liver problems. Your health care provider will do blood tests to check your liver before and during treatment with ZEPATIER. Tell your health care provider right away if you get any of the following symptoms or if they get worse during treatment with ZEPATIER: loss of appetite, nausea and vomiting, feeling tired or weak, yellowing of your skin or eyes, or color changes in your stool.

If you take ZEPATIER with ribavirin, be sure you read the Medication Guide for ribavirin. Common side effects of ZEPATIER include feeling tired, headache, and nausea. When ZEPATIER is used with ribavirin, common side effects also include low red blood cell counts.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.

Please read the adjacent Patient Information for ZEPATIER and discuss it with your doctor.

Merck Helps Having trouble paying for your Merck medicine? Merck may be able to help. merckhelps.com

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#### **Patient Information** ZEPATIER™ (ZEP-ah-teer) (elbasvir and grazoprevir) tablets



#### What you need to know about ZEPATIER

- Before you take this medicine, be sure you understand what it is for and how to take it safely.
- · Keep this information.
- If you have questions about this medicine, ask your healthcare provider or pharmacist.
- Every time you get a refill, look at the Patient Information. There may be new information.
- Your healthcare provider may prescribe ZEPATIER with a medicine called ribavirin. Ribavirin is also known as Rebetol, Copegus, Ribasphere, and Moderiba. If you take both ZEPATIER and ribavirin, be sure you read the Medication Guide for ribavirin.

#### What is ZEPATIER?

ZEPATIER is a prescription medicine used with or without ribavirin to treat chronic (long-lasting) hepatitis C virus (HCV) genotypes 1 or 4 infection in adults.

It is not known if ZEPATIER is safe or effective in children under 18 years old, people awaiting a liver transplant, or people who have had a liver transplant.

#### Who should not take ZEPATIER?

Do not take ZEPATIER if you have certain liver problems.

#### What should I tell my healthcare provider before taking ZEPATIER?

Tell your healthcare provider if you:

- have liver problems other than hepatitis C
- have ever taken any medicine for hepatitis C
- have HIV
- have had or are waiting for a liver transplant
- have any other medical conditions
- are pregnant or trying to get pregnant. ZEPATIER has not been studied in pregnant women. We do not know if ZEPATIER will harm your baby while you are pregnant.

  • Males and females who take ZEPATIER and ribavirin should also
  - read the ribavirin Medication Guide for important pregnancy, contraception, and infertility information.
- are breastfeeding or plan to breastfeed. We do not know if ZEPATIER gets in your breast milk and gets passed to your baby.
- O Talk to your healthcare provider about the best way to feed your baby during treatment with ZEPATIER.

#### Are you taking other medicines?

Tell your healthcare provider about all of the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. ZEPATIER may affect the way other medicines work, and other medicines may affect how ZEPATIER works. Some medicines cannot be taken with ZEPATIER. Your healthcare provider can tell you if it is safe to take ZEPATIER with other medicines.

- Know the medicines you take. Keep a list of your medicines and show it to your healthcare provider and pharmacist when you get a new medicine.
- You can ask your healthcare provider or pharmacist for a list of medicines that interact with this medicine.
- Do not start taking a new medicine without telling your healthcare provider.

#### How do I take ZEPATIER?

- Take 1 ZEPATIER tablet at the same time every day.
- ZEPATIER comes in a blister package of individually-packaged tablets. Keep the tablets in this package until you are ready to take your dose
- Take ZEPATIER exactly as your healthcare provider tells you to take it.
- Take ZEPATIER with or without food.
- Do not stop taking ZEPATIER without first talking with your healthcare provider.
- If you take more than your prescribed dose, call your healthcare provider right away.

#### What if I forget to take ZEPATIER?

- Do not take two doses of ZEPATIER at the same time to make up for a missed dose.
- If you are not sure what to do, call your healthcare provider or pharmacist. It is important that you do not miss or skip doses of ZEPATIER during treatment.

#### What are the possible side effects of ZEPATIER?

Signs of liver problems. ZEPATIER may cause increases in your liver-related blood tests. This could be a sign of serious liver problems. Your healthcare provider will do blood tests to check your liver before and during treatment with ZEPATIER. Tell your

healthcare provider right away if you get any of the following symptoms or if they get worse during treatment with ZEPATIER:

- loss of appetite
- yellowing of your skin or eyes
- nausea and vomiting
- feeling tired or weak
- color changes in your stool

#### Common side effects of ZEPATIER when used without ribavirin include:

- feeling tired
- trouble sleeping

headache

diarrhea

nausea

#### Common side effects of ZEPATIER when used with ribavirin include:

- low red blood cell counts (anemia) feeling irritable
  - stomach pain
- feeling tired
- depression
- shortness of breath
- ioint pain
- · rash or itching

#### If you have any side effect that bothers you or that does not go away, tell your healthcare provider.

There may be other side effects to ZEPATIER that are not listed. Call your doctor for medical advice about side effects You may report side effects to FDA at 1-800-FDA-1088. For more information or medical advice, call your doctor.

#### Where should I keep ZEPATIER?

- Keep ZEPATIER in its original packaging (blister package) until you are ready to take it. Do not take the tablets out of the original blister package to store in another container such as a pill box. This is important because the tablets are sensitive to moisture. The package is designed to protect them.

  • Keep ZEPATIER at room temperature.
- Keep ZEPATIER and all medicines out of the reach of children.

#### General information about ZEPATIER

- Medicines are sometimes prescribed for purposes other than those listed in the Patient Information. Do not use ZEPATIER for a condition for which it was not prescribed. Do not give ZEPATIER to other people, even if they have the same condition. It may harm them.
- If you would like more information, talk with your healthcare provider or pharmacist. You can ask them for information about ZEPATIER that was written for health professionals.
- For more information, call Merck, the company that makes ZEPATIER, at 1-877-888-4231 or go to www.ZEPATIER.com.

#### What are the ingredients in ZEPATIER?

The active ingredients are: elbasvir and grazoprevir. The inactive ingredients are: colloidal silicon dioxide, copovidone, croscarmellose sodium, hypromellose, lactose monohydrate, magnesium stearate, mannitol, microcrystalline cellulose, sodium chloride, sodium lauryl sulfate, and vitamin E polyethylene glycol

The tablets are film-coated with a coating material containing the following inactive ingredients: carnauba wax, ferrosoferric oxide, hypromellose, iron oxide red, iron oxide yellow, lactose monohydrate, titanium dioxide, and triacetin.

This Patient Information has been approved by the U.S. Food and Drug Administration.

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## Trump to choose Supreme Court justice nominee on Feb. 2

Appointment as a Supreme Court justice requires Senate confirmation for the lifetime post.

President Donald Trump said on Wednesday he will make his choice to fill the vacancy on the U.S. Supreme Court on Feb. 2 as he seeks to restore the conservative majority on the high court, prompting Republicans in Congress to warn Democrats against blocking the nominee.

Three U.S. appeals court judges are among those under close consideration by Trump to fill the vacancy left by the death of conservative Justice Antonin Scalia nearly a year ago. Trump's fellow Republicans control the Senate with a 52-48 majority, but Democrats could try to block the nomination using procedural hurdles.

John Thune, the thirdranking Senate Republican, warned that his party would not allow Trump's nominee to languish.

"We will fill that seat," the South Dakota senator said in response to a reporter's question on whether Republicans might scrap the procedural hurdle known as the "filibuster" if Democrats use it to block the nomination.

Speaking on the opening day of a three-day retreat for Senate and House of Representatives Republicans in Philadelphia, Thune said that Republicans will have opportunities to consult with Democrats. He did not say how long that consultation process would be allowed to go on before potentially taking steps to end a stand-off if Democrats erect barriers to the nominative.

More than three years ago, when Democrats controlled the Senate, they used their majority to change Senate rules in order to ban filibusters against presidential



John Thune GETTY IMAGES

nominees other than for the Supreme Court. The move came after Republicans blocked several key appointees by then-President Barack Obama.

On Tuesday, Senate Democratic Leader Chuck Schumer said he told Trump in the meeting that Democrats would fight any nominee they consider to be outside the mainstream.

Trump is in position to name Scalia's replacement because the Republican-led U.S. Senate last year refused to consider Obama's nominee, appeals court judge Merrick Garland.

The current front-runners include three conservative jurists who were appointed to the bench by Republican former President George W. Bush: Neil Gorsuch, a judge on the Denverbased 10th U.S. Circuit Court of Appeals; Thomas Hardiman, who serves on the Philadelphiabased 3rd U.S. Circuit Court of Appeals; and William Pryor, a judge on the Atlanta-based 11th U.S. Circuit Court of Appeals.

White House spokesman Sean Spicer told reporters at a daily briefing on Wednesday that he would not get ahead of Trump's decision, noting that the president had listed about 20 candidates for the Supreme Court during his campaign.

If not selected for the nation's top court, some nominees could be contenders for the more than 100 vacancies on lower federal courts, he added. REUTERS



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12 **NEWS**METRO.US

THURSDAY, JANUARY 26, 2017

#### **FUTURE PEACE**

#### Ukraine demands say in any Russia-US talks to end conflict on its territory

Ukraine must have a say in any deal struck between Russia and the United States aimed at ending violence in eastern Ukraine, its deputy foreign minister said.

Ukraine, which has been battling pro-Russian separatists in its eastern Donbass region for nearly three years, is worried that President Donald Trump will cut Kiev out of any peace negotiations as he attempts to

improve ties with Moscow.

"Because we are talking about the future of our country, we don't want to be excluded from the negotiations," Deputy Foreign Minister Olena Zerkal told Reuters. "We don't want to be a card. We want to be an actor."

"I don't believe in gentleman's agreements anymore," Zerkal said, noting Russia had violated an earlier deal — the 1994 Budapest Memorandum on Security Assurances, under which Ukraine, Belarus and Kazakhstan gave up nuclear weapons in exchange for assurances of territorial integrity — when it annexed Crimea.

Zerkal reiterated Ukrainian President Petro Poroshenko's call for the West to maintain sanctions imposed against Russia over the 2014 annexation of Crimea and its support for the separatists in the Donbass.

"This is the only tool we all have in order to prevent Putin from a further spree of aggression," she said.

Trump, who took office on Jan. 20, has suggested he might do away with some sanctions if Russia helps in battling terrorists and achieving other goals important to Washington.

In another setback for Ukraine, the frontrunner in France's presidential election, Francois Fillon, said during a visit to Berlin on Monday that sanctions against Russia were "totally ineffective" and suggested they could be lifted. REUTERS

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# US lawmakers want documents on Russia election probe



Red Square in Moscow, Russia GETTY IMAG

The House of Representatives Intelligence Committee called on the Trump administration on Wednesday to provide them with what they expect will be thousands of documents related to the investigation of Russian efforts to influence the 2016 election.

The request may be an effort to avoid a repeat of an unusual document access arrangement made between the Senate Intelligence Committee and CIA to review information related to enhanced interrogation techniques at secret overseas "black site" prisons during the George W. Bush administration.

Under that arrangement, Senate investigators were limited to reviewing documents on a shared computer network set up at a Central Intelligence Agency facility, which later led to accusations the agency had spied on the work of congressional staffers.

"It will not be adequate to review these documents, expected to be in the thousands of pages, at the agencies. They should be delivered to the House Intelligence Committee to provide members adequate time to examine their content," Represen-

tatives Devin Nunes, the committee's Republican chairman, and Adam Schiff, its top Democrat, said in a joint statement.

They said they expect "prompt" responses to requests for documents.

U.S. intelligence agencies contend that Moscow waged a multifaceted campaign of hacking and other actions to boost Republican President Donald Trump's election chances against Democrat Hillary Clinton last year.

Trump has worried law-makers, mostly Democrats but also some Republicans, by dismissing such claims and criticizing intelligence agencies for raising them. They have demanded special committees to investigate, but Republican congressional leaders said they would leave that work to existing committees.

Trump's fellow Republicans control majorities in both the Senate and House.

The leaders of the Senate Intelligence Committee, Republican Richard Burr and Democrat Mark Warner, issued a statement late on Tuesday saying their committee was also moving forward with its investigation.

"It will not be adequate to review these documents, expected to be in the thousands of pages, at the agencies. They should be delivered to the House Intelligence Committee to provide members adequate time to examine their content."

Devin Nune



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# Officials: Trump may reinstate secret CIA 'black site' prisons



The black sites were used to detain suspects captured in President George W. Bush's "war on terrorism" after the Sept. 11, 2001, attacks and were formally closed by former President Obama.

President Donald Trump is expected to order a review that could lead to bringing back a CIA program for holding terrorism suspects in secret overseas "black site" prisons where interrogation techniques often condemned as torture were used, two U.S. officials said on Wednesday.

Any return to the Bush administration's initial antiterrorism tactics — including secret prisons and interrogation methods considered torture under international law — would likely alienate key U.S. allies in the fight against militant groups like al Qaeda and Islamic State.

Aides to former President Barack Obama said during his tenure that his prohibition against torture and efforts to close the Guantanamo prison in Cuba helped increase counterterrorism cooperation from U.S. allies in the Arab world.

The now-defunct program's practices dubbed enhanced interrogation techniques, which included simulated drowning known as waterboarding, were criticized around the world and denounced by Obama and other senior U.S. officials as torture.

The officials said Trump is expected to sign an executive order in the next few days. It would call for a high-level review into "whether to reinitiate a program of interrogation of high-value alien terrorists to be operated outside the United States" and whether the CIA should run the facilities,"

according to a copy of the draft published by the Washington Post.

The document ignited a bipartisan outcry in Congress. Many people in U.S. intelligence agencies and within the military are opposed to reopening the harsh interrogation program, according to multiple serving officers.

"The president can sign whatever executive orders he likes. But the law is the law. We are not bringing back torture in the United States of America," Sen. John McCain, a Republican who underwent torture as a prisoner of war in Vietnam, said in a statement.

Trump administration spokesman Sean Spicer said the draft was not a White House document. The draft published by the Washington Post appeared to have sections missing, suggesting that it may not have been a full version ready for Trump to sign.

The CIA black sites were located in Poland, Lithuania, Romania, Thailand and Afghanistan.

land and Afghanistan.
In 2006, Bush ended the use of harsh interrogation techniques and closed all the black sites except for one in Kabul.

Asked whether he wants waterboarding as president, Trump answered in an interview with ABC News:

"I will rely on [CIA director Mike] Pompeo and [Defense Secretary James] Mattis and my group. And if they don't want to do it, that's fine. If they do want to do it, then I will work toward that end," Trump said.

"I want to do everything within the bounds of what we're allowed to do ifit's legal. If they don't want to do it, that's fine. Do I feel it works? Absolutely I feel it works."

Mattis and Pompeo had not been aware such plans were in the works, according to a congressional source.



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## **Greenpeace protest**



With the White House in the foreground, protesters unfurl a banner atop a crane at the construction site of the former Washington Post office building on Wednesday in Washington, D.C. The protesters are with the Greenpeace organization.

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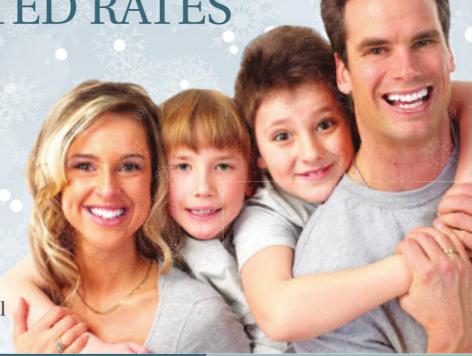
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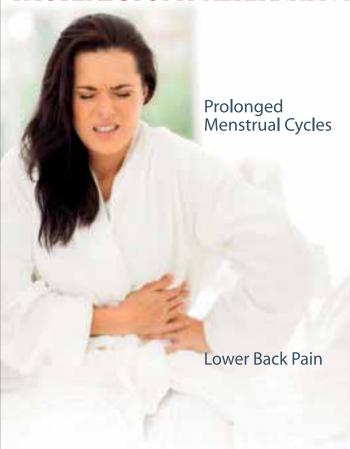
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# Harvard endowment arm to overhaul investment process, cut staff by half

Harvard University plans to outsource most of its investment management activities and cut its staff by roughly half, in a dramatic overhaul in how the Ivy League school's \$35.7 billion endowment is managed.

The new chief executive of Harvard Management Co., which manages the university's endowment, announced the plans in a letter on Wednesday. N.P. Narvekar, the chief executive, said the investment arm will shut down its internal hedge funds and let traders go by the middle of 2017, essentially abandoning a so-called hybrid model that was unique among big endowments.

The internal team that oversees real-estate investments will spin out into an independent group that is expected to keep managing money for Harvard.

HMC will lay off roughly half of its 230-person staff, by the end of the year. "The investment

landscape has evolved significantly, requiring us to adapt two aspects of HMC's organizational and investment models in order to maximize performance over the long term," Narvekar wrote in the letter.

For decades, Harvard's investment performance was the envy of the financial world, but it has lagged rivals for some years now and posted its worst performance since the financial crisis in fiscal 2016 when the portfolio lost 2 percent.

Harvard has long operated differently from most other schools, including fellow Ivy Leaguer



Yale, managing some of its money internally and farming out only some to external managers.

While Narvekar is preparing to lay off dozens of employees, he is also hiring a team of four investors who he said will be instrumental in moving Harvard away from its specialized asset class investing approach to a more generalist model.

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# Russia says technical checks may delay some space-rocket launches

Russia's space agency said it had ordered extra checks to be made on its Proton-M rockets, meaning it might be forced to delay some satellite launches this year.

Roscosmos made the announcement after the Kommersant daily reported manufacturing problems had been detected in some Proton-M rockets and some launches were likely to be delayed several months "in a best-case scenario."

European, U.S. and Asian firms rely heavily on Russia to launch their commercial satellites, and a Roscosmos source told Kommersant that Moscow planned to launch 27 rockets this year, eight of which were Proton-Ms.

"Additional tests [on the Proton-M] are being carried out. That



Roscosmos is the Russian equivalent of NASA, GETTY IMAGES

explains the possible delay in launches," said a spokesman for Roscosmos, without providing details. Igor Burenkov, a spokesman for the corporation, said it would become clear after the tests if there would definitely be delays.

Kommersant reported the problem was linked to components used in the rockets' engines and concerns that some of them were not sufficiently heat-resistant.

Kremlin spokesman Dmitry Peskov played down the problems, saying Roscosmos did suffer some setbacks, but it also had great success in many areas.

An unmanned Russian cargo ship loaded with supplies for the International Space Station broke apart about six minutes after lift off in December. It was carried by a Soyuz rocket. REUTERS

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# Veronica's mom gets glam in 'Riverdale'

Marisol Nichols plays Hermione Lodge in the CW's "Archie" retelling.



Marisol Nichols is new to the world of teen drama. Despite a brief turn on Teen Wolf," the actress is better known for her roles on crime shows, like Special Agent Zoe Keats on "NCIS," or counterterrorism chief Nadia Yassar in "24."

But now the 43-yearold actress stars in "Riverdale," the CW show everyone's buzzing about. In the steamy noir spin on the classic "Archie" comic — the vibe is "Twin Peaks" meets "Gossip Girl" — Nichols plays Hermione Lodge, mother to the infamous Veronica. In this retelling, the two have fled New York's high society for Hermione's hometown of Riverdale, after husband and father Hiram Lodge goes to prison for embezzle-

The series opens with Hermione and Veronica both adjusting to smalltown life. Veronica sheds her mean-girl past, while Hermione finds new struggles as a broke single mom and contends with the highschool drama she left behind. That includes an old nemesis in Betty's mother (Madchen Amick, who incidentally will play Shelly Johnson in "Twin Peaks" reboot), and an ex-boyfriend in Archie's father (Luke Perry).



version of Hermione and feeling like a '90s teen opposite Luke Perry.

Hermione was allegedly a mean girl when she went to Riverdale High, but from what we've watched so far, as an adult she seems like a good person? We're not sure. I'm glad that you can't really tell! You're going to see a lot more Hermione and what she's going through, with her and Luke Perry. She is trying to do the best that she can. She's trying to be a better

change. Of course, any villain would say they were doing the best they

So you would say she's a villain? She's not a villain, but she's not without her own flaws, without giving too much away. She makes mistakes and doesn't always do the right thing.

This is a different role than you're used to playing. Yes. I'm used to "24" and 'NCSIS," crime dramas. That was my specialty for get me wrong, but sometimes it's more about the plot than the characters, and so this is really fun, to be able to create something so bold and three-dimensional, with a lot at stake.

"Riverdale" also has that mystery/ thriller element. Exactly. It still has a mystery at the heart of it, but it's not, "OK, well the evidence shows... or "Let's get this over to forensics." [Laughs]

What's it like having a "will they/won't they" with Luke Perry? [Laughs] It's been fun! I'm not gonna lie — I'm a girl, for God's sake! I remember "90210" very well. It's fun being thrust into those things. I posted a picture on my Instagram because Skeet Ulrich joins us for a while as well, so I'm like, "OK, well I'm a '90s happy girl." Going to work isn't hard on those days, I'll tell you that much.

daughter in real life inform the role for you? Eight years ago — my daughter's only 8 years old - I was still a working actress but I had a hard time playing a mom because I didn't really get it. I could go, "Oh, well that's how I feel about my dog, or my cat," but having a kid changed me so much. I was like, "I get it, I know exactly what I'd do.'

How does having a

So being the mom to Veronica, I sort of just invented that backstory of how they grew up together and how she raised her. It's really funny because when I'm memorizing my lines, [my daughter] will read Veronica's lines for me. [Laughs] And she'll change the lines to add in "mommy." When I go to set I'm still hearing that little kid's voice when she's talking. It adds a different element to it, for sure.



# Edgar Ramirez doesn't want you to give up hope

The actor says that his new movie "Gold" finds lovalty in a corrupt world.



MATT PRIGGE @mattprigge

Edgar Ramirez isn't surprised Trump won. "I come from Venezuela,' the actor ("Carlos," "Joy") tells us. "For us, it wasn't hard to see coming." On paper, "Gold," his latest film, doesn't sound like a distraction from our problems. It tells the story of Kenny Wells (Matthew Mc-Conaughey), a floundering businessman who strikes big on Wall Street when he claims to have found gold bur-**GETTY IMAGES** ied deep in

n "Gold," Matthew McConaughey and Edgar Ramirez play a businessman and geologist who team up upon hearing word that the stuff may be buried in the jungles of Indonesia. THE WEINS

the Indonesian jungle. Ramirez plays

Michael Acosta, the geologist tasked with helping him locate and mine it. Things

don't go

according to plan. And yet Ramirez argues that the film — semi-loosely based on the 1993 Bre-X mining scandal - offers hope, on top of a stark look at greed.

It's easy to watch this film and feel like it's another grim reminder of what's going on in the world today, when greediness is encouraged, when our president may only be

out for himself. But the

relationship between Kenny and Mike winds up being one of true friendship. What I find so interesting and moving and story exists in a world

beautiful is that, yes, the driven by greed, yet you have these two characters who are not in it for the money and the wealth and the power. They're in it for the gold. The gold, for them,

means self-respect and self-worth. It's a world where everybody is trying to take everybody else down, yet you have two characters who manage to be loyal to each other and keep their word. In a time when words mean nothing, or some people are trying to devaluate the worth of words, these guys keep their word.

They're not always doing the right thing, though, which makes them more interesting. They're not perfect; they're flawed. They're not indifferent or exempt from the antivalues of the world they

live in. But they're loyal. Their agreement is based on a handshake. That's beautiful. That's very refreshing. That gives me hope.

It's also a fascinating story, because it shows a real-life case where a lot of people rushed into what sounded like a great idea without looking at the details or thinking rationally. Does it ring a bell? [Chuckles] When it's so good, you ignore the red flags. It's like when you fall in love: You rationalize away all the red flags, because you're in the chemical haze of falling in love. It's electrifying.

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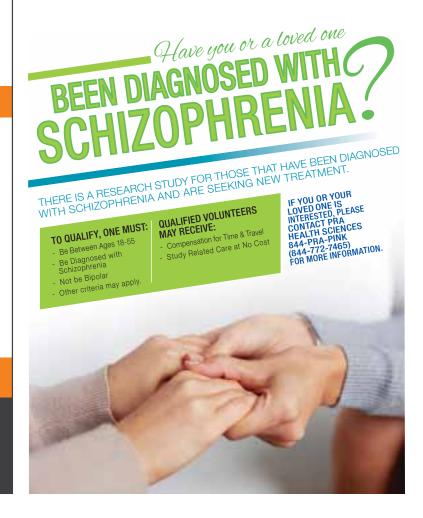


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## ·Knee Pain·

# Cate Le Bon makes poetic songs for absurd times

The Welsh art punk frames our dark days with a sense of whimsy.



CHRIS LEO PALERMINO @indiecalp letters@metro.us

Cate Le Bon is well aware that we live in strange times. That's the premise for the Welsh singer-song-writer's new EP "Rock Pool" (out Friday), which came out of the same recording sessions as her 2016 record "Crab Day."

"It's almost a reactionary language to the absurdity and horror of the times we're living in," says Le Bon, who now lives in Los Angeles. She wrote these songs before Donald Trump came into power and Brexit happened, but she certainly recognizes their significance now.

The EP's title track, "Rock Pool," a song about

people living in their secluded bubbles, has a jangly, carnivalesque feel. And "Aside From Growing Old," dealing with the fear of the future, features bizarrely bright synths and her melodic, singsongy vocals.

The dichotomy between dark, thought-provoking themes and musical whimsy — which also rings true throughout the songs on "Crab Day" — acts as escapism for the artist.

"In times of extreme fear and absurdity, I guess there's a reassurance in checking out and becoming whimsical and nonsense kind of feeding into that," she says. "It's almost a language of escape and every configuration of it is some type of reality, you know."

### Late nights writing on the mountainside

Le Bon and her band

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Jan. 26, 8 p.m. Bowery Ballroom 6 Delancey St. \$16, boweryballroom.com

recorded the "Crab Day" sessions at Panoramic House, a destination recording studio and bungalow in Stinson Beach, California. As is often her style, she waited until the last possible moment to solidify the poetic lyrics of her songs.

"I know what the songs are about and I know the kind of words that I'm foraging for, but I leave it until the last minute to just put everything together," Le Bon explains. "I'll be up the night before, singing vocals until 6 or 7 in the morning ... We were up in a mountain and it was so peaceful — what I usually lament myself

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Singer-songwriter Cate Le Bon's latest "Rock Pool" drops Friday, ANDREW BENGE

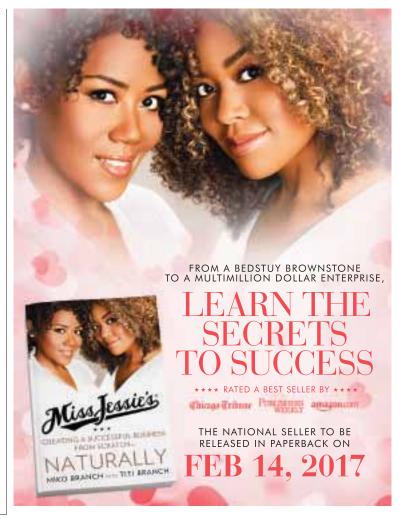
for doing, it was actually a really nourishing process

#### Accepting chaos

As Le Bon grows older,

she considers that "everything just seems to make less and less sense.' It's in this spirit that the now 33-year-old was able to make "Crab Day" and "Rock Pool."

"[They're recordings] that I wanted to make and wanted to imply complete abandon," she says. I think that's something that I found a lot easier as I grow old.'



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Register now: TopUniversities.com/MetroNYC Free entry for Metro readers present this COUPON on arrival What to expect at BroadwayCon, the convention for theater fans back for its second year.



T. MICHELLE MURPHY @TMichelleMurphy letters@metro.us

If the second annual convention for theater fans were to have a tagline, it would probably be: "BroadwayCon 2017: Bigger, Better and Blizzard-Free."

BroadwayCon debuted last January during one of the city's worst snowstorms of the past century, with over 2 feet of snow and freezing winds. That didn't stop 5,000 attendees from attending three days of workshops, panels and performances with some of Broadway's top influencers.

The event was such a success that it's now expanding to the Jacob Javits Center beginning this Friday through Sunday. "Everything's bigger and better," says Melissa Anelli, BroadwayCon cofounder and co-owner of event planning company Mischief Management. "This year,

ment. "This yes everyone understands what we are."

### More fans

Now that fans have seen the Melissa Anelli star-studded panels, hands-on workshops, behindthe-scenes peeks and dazzling live performances, this year organizers are expecting more like 5,000 per day and up to 15,000 overall. To compensate for the less central location, Mischief Management is offering shuttles.

### Amped-up starpower

"We have such incredible talent coming this year that it's blowing my mind!" says Anelli.

Some of the nearly 500 guests she's most excited about coming to BroadwayCon 2017 are Bebe Neuwirth ("Chicago") and Patina Miller ("Pippin") — part of a "Madam Secretary" panel about going from Broadway to Hollywood — as well as Darren Criss ("Hedwig and the Angry Inch"), Joel Grey ("The Normal

#### If you go

BroadwayCon Jan. 27-29 Javits Center 655 W. 34th St. \$95-\$600, broadwaycon.com

Heart"), Jeremy Jordan ("Newsies") and Whoopi Goldberg, who's hosting a 20-year retrospective on "The Lion King" with director Julie Taymor.

#### **Fan favorites**

In some ways, last year's extreme weather conditions helped Broadway-Con define its tone and find its niche. Attendees gamely played along as the convention team scrambled to adjust to cancellations. That led to some cherished memories, like the night that fans gathered in the ballroom to cold-call theater legends like Betty Buckley ("Cats") — many of whom were happy to chat. It was such a hit that the Blizzard Party Line returns this year.

There was also an impromptu fan karaoke

that will now be a formal event with judging, live music and featured performances by winners of the National High School Musical Theatre

Awards. Autographs, cosplaying and photo opps will once again be paramount.

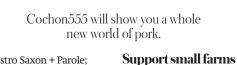
#### New events

The blizzard, of course, also entirely nixed some events that will finally come to fruition in 2017. For example, Broadway Cabaret morpheď last January into a one-woman-show with Krysta Rodriguez ("Spring Awakening"); this year, it will finally get to realize its original vision as a star-studded revue. Upcoming shows that will be previewed at BroadwayCon include "Amelie," "Charlie and the Chocolate Factory" and "Anastasia." There's also a panel with the current cast of "Hamilton" about what it means to become the next generation of a hit show.



# Know thy bacon

new world of pork.





The event also features a pop-up bakery, cheese and charcuterie bars, a ramen station and punches mixed by local bartenders, plus plenty of beers, wines and ciders. And, if you can still move, DJ Lord of Public Enemy will be spinning tunes after dinner.

So Cochon555 is not your average walk-around tasting. But there's even more to know.



continue the legacy of heritage breeds, proceeds from the evening benefit Piggy Bank, a farm that will give free heritage piglets to farmers willing to commit to total transparency about their methods

#### The ultimate goal

Cochon555 has been talking about food waste long before the vegetable crowd started repurposing kale stems. Of course a farmer will jump at the chance to work with a Michelin-starred chef, says Lowe, but if that chef only wants tenderloins, "farmers are stuck



#### Cochon555 Jan. 29, 4-7:30 p.m. Weylin B. Seymour's

175 Broadway, Brooklyn \$125-\$400 cochon555.com

being freezer managers." To find chefs who are supporting the cause of snout-to-tail cooking all year long, look for menus with breakfast sausages and bolognese sauces, "where a lot of whole animals hide.



**athisiskis** 

A winter tomato versus summer's heirlooms. Chocolate cake from a box versus the German chocolate cake you'd wait an hour in line for. Regular versus wagyu steak.

These are the comparisons Brady Lowe makes when talking about commodity pork versus heritage breed pigs, which are brought over from Europe and prized for their robust flavors. That's not what you usually say about pork, and



"It really helps expose people to a bunch of different breeds," Lowe says. "We came up with a really fun party environment to get into it.

part, snout to tail.

This year's NYC competitors include chefs from new-age steakhouse Quality Eats; 2016 critical darling Olmsted; the East Village's meat-focused



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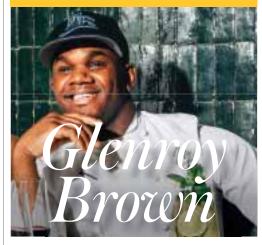
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#### **EAT LIKE AN INSIDER**





**@thisiskis** eva.kis@metro

Chef Glenroy Brown didn't know what a French dip sandwich was, exactly, when his boss Jacob Hadjigeorgis at Upper West Side Southernstyle brunch destination Jacob's Pickles mentioned it. A year of sandwichmaking later, Brown is heading up a raucous new French bistro around the concept: Maison Pickle (2315 Broadway, Upper West Side).

A classic French dip is made by boiling beef then slicing it fine on a roll, with a cup of its own juices on the side. But four and a half years at Blue Smoke led Brown to roast the meat instead, giving it tons of flavor even before it's reintroduced to its juices. One more tip: the pillowly shrimp dump-

lings are an outlier on the largely French menu, but it would be a shame to overlook these pockets in a nose-tickling gingerchili cream sauce.

The bar is more cocktail-focused, though wine and beer (including aged "vintage" brews) also stand ready to complement the French dips, five in all, that Brown has reinvented while discovering them.

For now, Brown is splitting his time between Jacob's and Maison, leaving him with little time to go out. The Bronx resident gamely shared some of his favorite spots — keep the seats warm for him.

#### **Out-of-town guests**

"The Meatpacking District, actually. I have a friend who owns a Peruvian ceviche concept called Mission Ceviche, really good, fresh seafood." Gansevoort Market, 353 W. 14th St., Chelsea

#### Hidden gem

"There's this spot, Mi Ranchito, a Mexican restaurant with traditional food. They have the best Mexican food I've ever had — and I eat a lot of Mexican food. You can order 10 or 12 things and it'll come out to \$30." 1468 St. Nicholas Ave., Washington Heights

#### Under \$10

"I like to support local businesses, the mommas and poppas; I tend to avoid the big, popular restaurants. Tejada Deli is right around the corner from where I live — I go there on my days off to have lunch, the stewed chicken and rice with salad and beans. Their home cooking is so good." 2381 Valentine Ave., Bronx

#### Date night

"Tommy Bahama Restaurant & Bar is nice, it's quiet. Their catfish taco is really good. I get that to start, then they have a stuffed chicken breast with spicy sauce and mashed potatoes."

551 Fifth Ave., Midtown East

#### Late night

"I have a really good friend, DJ TrueBlends, he's really popular now in the city, so whenever I do go out I try to go where he's DJing." djtrueblends.com



#### YOUR WEEKEND STARTS NOW



#### Kerry James Marshall: Mastry

Born in Alabama before the Civil Rights Act, Kerry James Marshall spent a lifetime creating stereotype-smashing art about the black experience in late 20th century America. The largest-ever exhibition of his work is on display at the Met, with 80 pieces (including 72 paintings), and this is the last week to catch this vital exhibit at a time in our history when it's essential to remember where we came from — and despair that we still need art arguing that Black Lives Matter. Through Jan. 29 1000 Fifth Ave. suggested \$25 metmuseum.org

#### MUSIC

#### **Lucy Kaplansky**

You probably know this folk sweetheart's distinctive pop vocals from TV series and commercials. At City Winery, she'll perform a mix of original music from her six solo albums, plus covers of country icons like June Carter.

Jan. 27, 8 p.m., 155 Varick St., \$25-\$32, citywinery.com

#### 'Falsettos' signing

Meet the cast of Broadway's "Falsettos" at a performance and signing for their new cast album from the revival of the Tony Award-winning musical. Jan. 27, 7 p.m., Barnes & Noble, 150 E. 86th St., free, barnesandnoble.com

#### **Sky-Pony**

If you take the lead from a show titled "A Gentleman's Guide to Love and Murder" and put her with the writer of "Spongebob Squarepants: The Musical," you have to imagine that the resulting indie-pop duo is going to be a little, well, unique. That's what fans love about Sky-Pony, with Lauren Worsham and Kyle Jarrow, known for their sly lyrics and cheeky choreography

onstage. They're playing the Sheen Center as part of the Convergences — Indie Artist Series.

Jan. 28, 7:30 p.m., 18 Bleecker St., \$32-\$47, sheencenter.org

#### DRINKS

#### Lunar New Year's Eve Bash

LuckyRice's annual Epicurean Cocktail Feast at the Bowery Hotel rings in the Chinese New Year with eight specialty cocktails crafted from Asian ingredients and Bombay Gin, created by mixologists from popular NYC bars like Extra Fancy, Sanatorium and more.

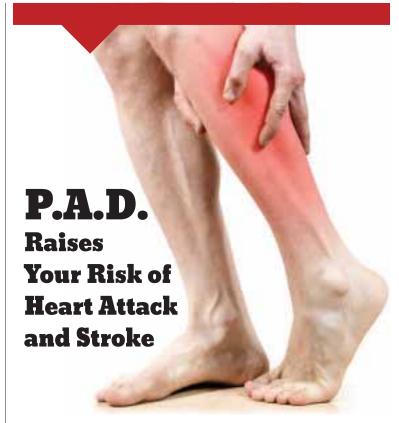
Jan. 27, 9:30 p.m.-midnight 335 Bowery, \$88, luckyrice.com

#### PHILOSOPHY

#### A Night of Philosophy and Ideas

Real change starts by connecting and sharing opinions, experiences and resources. A Night of Philosophy and Ideas offers 12 straight hours of plays, poems, debates, readings, screenings, yoga, live music and more at the Brooklyn Public Library to do just that. The overnight marathon is free to attend, with food and drink for sale onsite.

Jan. 28, 7 p.m., 10 Grand Army Plaza, free, bklynlibrary.org



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- ✓ No pulse or a weak pulse in your legs or feet
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#### **Hilton Head Island**

South Carolina claims its fair share of outdoor activities (most notably golf), but this island has more going for it than most when it comes to cultural opportunities and upscale restaurants. After a day of beach-biking, tennis or kayaking, catch a performance by the Hilton Head Choral Society, the Hilton Head Symphony Orchestra, dance or theater at the Arts Center of Coastal Carolina.

Insider Tip: For great views of the island, visit the red-striped Harbour Town Lighthouse, in the south-side enclave of Sea Pines. Photographs and relics line the walls, stitching together the history of the area as you climb the tower's 114 steps.



Vacation like the Clintons on Hilton Head Island, MARK PETERSON, CORBIS

#### Catalina Island

In summertime, California's rocky Catalina Island is teeming with tourists who've taken the 25-mile ferry ride from Los Angeles, but in winter (with comfortable average temperatures in the mid-60s) you'll feel like you have it to yourself. Catalina severely restricts cars; you can rent golf carts,

but walking is the best way to discover Avalon — the little town that chewing gum magnate William Wrigley built. From the center of town, head inland to climb the Hermit Gulch Trail for expansive views of the town below and the Pacific Ocean on both sides of you.

Insider Tip: The Catalina Conservancy, which owns nearly 90 percent of the

island, requires hikers to get a (free) permit before going out on any of the trails.

#### **Amelia Island**

Once the playground of wealthy captains of industry like Carnegie, Vanderbilt and DuPont, Florida's Ameila Island has become known for its first-rate golf resorts. Nonetheless, the island has managed to preserve a good chunk of its Southern charm and 19th-century history, with Fernandina's 50 blocks of late-Victorian architecture deemed a historic district by the National Register of Historic Places. Wander the streets at your leisure, join a guided tour or take a horse-and-buggy ride, then grab a picnic lunch and head to the beach.

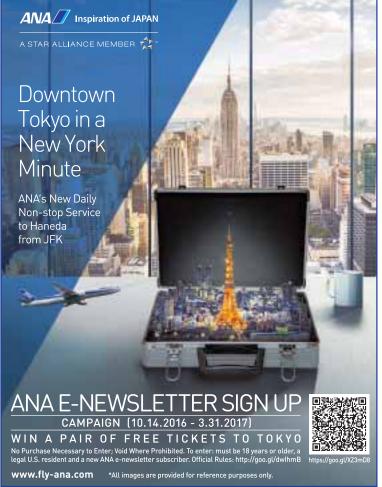
Insider Tip: Civil War-era Fort Clinch never saw battle, so the intact brick building is one of the best-preserved forts of the era. On the first Saturday and Sunday of each month, re-enactors portray life inside the fort as it was in 1864.

#### **South Padre Island**

Thanks to Texas' typically warm winter temperatures and Gulf waters, beach activities like kitesurfing and jet-skiing are almost never out of the question on South Padre Ísland. Even the water park at the Schlitterbahn . Beach Resort keeps weekend hours! For quieter pursuits, take a dolphinwatching cruise or head to the South Padre Island Birding & Nature Center for world-class birdwatching. South Padre isn't lacking for nightlife — there are plenty of restaurants and bars to choose from as the sun begins to set.

Insider Tip: South Padre is an extremely popular spring break destination, so plan your visit accordingly if you want to avoid the "Girls Gone Wild" crowd.







# What's going on in Odell's head?

A prominent sports psychologist weighs in on Odell Beckham Jr.



After a season with plenty of antics and ravings from Odell Beckham Jr., New York Giants fans might need some therapy if they are going to endure another emotional year with their star wide receiver. The tantrums that have become associated with Beckham are concerning, but the nation's most prominent sports psychologist advises that it simply means the diva wide receiver needs to develop not just his physical side but his mental one as well.

From picking a fight with the kicking net one week to last year's fight on the field with Josh

Norman, there is no denying that Beckham is a lightning rod for criticism. While his production on the field remains strong - he did lead the Giants in receptions and receiving yards this year - his actions continue to be a distraction and they show a penchant for selfdestruction. It seemed at times this past season that he simply checked out of games and/or was baited into emotional responses - as a certain piece of drywall at Lambeau Field can attest to.

While a diagnosis is impossible from a distance, Dr. John F. Murray thinks that Beckham might benefit not just from running routes and lifting weights this offseason, but also from some mental training.

"A diagnosis is never appropriate from afar and if I were working with him clinically I would certainly keep it confidential," Dr. Murray told Metro. "There are



Odell Beckham has had many an outburst during his first few seasons in the NFL. GETTY IMAGES

many popular and usually erroneous notions about erratic behavior in sports in which that behavior is connected to

bipolar disorder, borderline personality disorder or some other mental instability. While those things are possible, it is more likely that this athlete with enormous talent is simply underdeveloped in one of the mental training areas that I would call 'emotional control' or 'energy control."

Dr. Murray, author of "The Mental Performance Index" as well as the highly-ac-claimed "Smart Tennis," is one of the nation's foremost sports chologists. He is often called "the most quoted psychologist in America."

He cautions not to read too much into some of Beckham's behavior over the past couple of seasons and that he wouldn't want to change the player or the person-

ality.
"Temperament is like
"Murray said. hair color," Murray said. "It comes in all different forms. Top athletes can often appear manic or even depressed after games but this does not necessarily mean they are going off the deep end. The key is smart performance on the field that allows an athlete to play consistently at his highest level.'



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### TURN **DOWN** FOR WHAT

If you've ever wondered how rapper Lil Jon and Patriots head coach Bill Belichick would interact with one another, your fantasy may come true at Super Bowl 51. Lil Jon is one of many ATL rappers and singers who are also big Falcons fans (yes, there supposedly is such a thing as a big Falcons fan). The Falcons' sideline was littered with celebs during the NFC title

Usher, Ludacris, Jeezy, Bow Wow, Jermaine Dupri and Da Brat (a kick-ass lineup if it was still 2002) all way too close to the field. The Falcons' love of rapper fans dates all the way back to the Deion Sand-

ers days when MC Hammer used to share the same sideline coaches box as Jerry Glanville. As Lil Jon eloquently tweeted Sunday night after the Dirty Birds clinched, 'ATL HOE!'

ALL PHOTOS GETTY IMAGES

### **BIGLY CHEW**

game, with

As you've no doubt heard, Donald Trump and Patriots QB Tom Brady are friends (nothing more, nothing less – according to Brady). Most fans are good at separating sports and politics, and it's hard to imagine any Pats fan rooting against their team in protest. But if Trump wanted to score



some all-time brownie points in New England (hell, he would TAKE always-blue Massachusetts in 2020), he should just write an executive

order to remove Roger Goodell from the office of NFL commish. Or he should at least threaten to fire Goodell on Twit-

#### BYE, UNCLE BRENT

It was announced on Wednesday that playby-play great Brent Musburger will end his sports broadcasting career on Jan. 31 when he'll call Kentucky vs. Georgia basketball. Yup, Brent's storied career will end with him calling a relatively meaningless college basketball game in late January.

Musberger caught some flak in 2013 for pointing out that the girlfriend of the Alabama's QB was goodlookin'. But the tipping point was the Sugar Bowl this year, when "Uncle Brent" said he



hoped Oklahoma's scumbag receiver Joe Mixon got a "second chance' after assaulting a woman in 2014. Musberger's comments regarding Mixon were stupid, but he didn't deserve to be

pushed out the door because of them.

ESPN has too quickly become the Vanilla Sports Network, as there's no room for controversial commentary.

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Sameana had wished I wouldn't marry the man I love... Thanks to Anna we are now hacoly munice?

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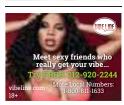
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#### Across

- 1 lazuli
- 6 Rapper -- Moe Dee
- 10 Visored cap
- 14 Discharge
- 15 Wine valley
- 16 Declare invalid
- 17 Hearth goddess
- 18 Clapton of "Slowhand"
- 19 Reed instrument
- 20 To date
- 21 Moon position
- 23 Lingerie buys
- 24 Loafed around
- 26 Hayloft stash
- 27 Sajak and Trebek
- 29 Obscures
- 31 Wildlife refuge
- 32 Repairs socks
- 33 Shoulder enhancer
- 36 Our next-door neighbor (2
- wds.)
- 40 Born as
- 41 Ruses
- 42 Perry's creator
- 43 Autumn beverage
- 44 Like cobras and parkas 46 Crepe cousins
- 48 Keyboard instrument
- 49 Teen lingo 50 Bird call
- 52 Robin's beak
- 55 Ocean fish
- 56 Dinner-table faux pas

# metro.us

/games

- 57 Minneapolis exurb
- 59 Footnote word
- 60 Novelist Kingsley --
- 61 Wedding bands
- 62 Butte cousin
- 63 -- spumante
- 64 Lao-tzu and Confucius

#### **Down**

- 1 Tariff
- 2 Screenwriter James --
- 3 Debugger?
- 4 Devotee
- 5 Paper fastener
- 6 Work clay
- 7 Dinghy's need

### metro.us/crossword

8 Sheriff Andy's son 12 9 Varnish resin 10 Gentle hills 16 15 14 11 Ragtime's -- Blake 12 Falls softly 18 19 17 13 Tahiti et al. 22 "-- a Rebel" 20 23 Tortilla dip 25 Earl -- Biggers 26 Sweet cherry 27 Zest for life 28 Lion's pride 28 29 29 Darth of "Star Wars" 30 Periods of note 32 33 34 32 Edit out 33 Forgiving 38 39 34 Grease gun target 35 Did Easter eggs 40 42 37 Not paid 38 Longish skirt 39 Ponce de -43 44 43 Movie theater 44 Hurry along 46 48 45 Wayne genre 46 Leaf of grass 49 50 47 Summer-camp sites 48 Coke rival 55 49 Thin wedge

60

63

# metro.us/sudoku

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## metro.us/horoscopes

59

62

50 Rolaids rival

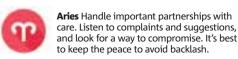
51 Judicial order

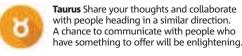
54 Low voice

53 "Bus Stop" author

56 Moo companion

58 Width of a cir.





Gemini Learn from watching what others do, not by opposing those who will never do or see things your way. If you want change, it's up to you to make it happen.

Cancer Partners and children will be demanding. Before you think about giving in, set down some ground rules. Offer love, consideration and understanding.

Leo Changes at home will come as a surprise if you haven't been paying attention. Don't neglect the little things. Pay close attention to detail, especially with personal relationship.

Virgo Don't sign any contracts until you negotiate the deal you want. Your ability to persuade others to see and do things your way must not be wasted.

> Can't wait until tomorrow to check vour answers? Visit metro.us

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Libra It will be difficult to choose between an emotional and an intelligent response. Don't let anyone goad you into an argument you aren't prepared for.

61

64



Scorpio Plan to have some fun or find a creative outlet that will give you the platform you need to display your talents, skills and foresight.



Sagittarius Added responsibilities can work for or against you. Dig in and get the work out of the way fast in order to garner praise and avoid criticism.



Capricorn You'll discover a unique way to use your knowledge, expertise and skills to bring in extra cash. Don't reveal your plans until you have every detail in place.



Aquarius Disciplined actions will be rewarded. Put your energy into setting goals and reaching your destination. A personal change will do you good.



Pisces A romantic gesture will be met with an interesting response. Don't feel pressured to spend too much. You can have fun doing something simple. EUGENIA LAST

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